



Whittlesey, Pondersbridge & Coates

Church of England Churches

TEAM MATTERS

August 2016

Visit our website: www.wpcteam.org.uk

Contemplative prayer is one of the most esteemed spiritual disciplines taught in spiritual formation. In both practice and purpose, contemplatives believe that one must clear the mind of outside concerns so that God's voice may more easily be heard and that one may be united with the "divine spark" within.

Contemplative Prayer is a prayer of silence, an experience of God's presence as the ground in which our being is rooted, the Source from whom our life emerges at every moment.... Contemplative Prayer is the opening of mind and heart - our whole being - to God, the Ultimate Mystery, beyond thoughts, words and emotions. We open our awareness to God whom we know by faith is within us, closer than breathing, closer than thinking, closer than choosing - closer than consciousness itself.

Contemplative prayer, in its simplest form, is prayer in which you still your thoughts and emotions and focus on God Himself. This puts you in a better state to be aware of God's presence, and it makes you better able to hear God's voice correcting, guiding, and directing you.... The fundamental idea is simply to enjoy the companionship of God, stilling your own thoughts so you can listen should God choose to speak. For this reason, contemplative prayer is sometimes referred to as 'the prayer of silence.'

Meditation is about mulling over something - a passage from scripture or another text or an object. It means to look at something from different perspectives and to weigh its meaning. In the context of prayer, to meditate is to do this with one purpose: to discover what God might be saying to us. It is a quite deliberate process using techniques which are taught and learnt. Quite these methods are shared with other religious faiths and philosophical approaches. For Christian it is about learning to hear God and is a lifelong pursuit.

Meditation requires to active and deliberate use of one's mind. Contemplation involves the stilling and quieting of the mind. One often leads to the other. If you are interested in developing your prayer life let me know and we can get together.

With every blessing, Nigel

**Full details of Sundays and other services inside.
You are welcome to join us at our services:**

Sunday 7th August – Feast of the Transfiguration

8.00 a.m. St Andrew's - BCP Said Holy Communion
9.30 a.m. St Andrew's - Holy Communion
9.30 a.m. Holy Trinity - Morning Praise

No Morning Praise service at St Mary's

11.00 a.m. St Thomas' - Holy Communion
12.30 a.m. St Mary's - Wedding of Thomas Flatters and Tara-leanne Oliver

Readings: Daniel 7: 9 -10, 13 -14
2 Peter 1: 16 -19
Luke 9: 28 - 36

Anniversaries of Death:

Holy Trinity: 8th Elizabeth Violet Read

St Andrew: 8th Thomas James Cullup, Reginald David Henry Few,
12th Arthur Leslie (Les) Barnes

St Mary: 13th William Alfred Butcher

St Thomas: 12th Olive Cumbridge

Sunday 14th August – The Blessed Virgin Mary

9.30 a.m. St Andrew's - Morning Service
9.30 a.m. Holy Trinity - Holy Communion
11.00 a.m. St Mary's - Holy Communion
11.00 a.m. St Thomas' - Morning Service

Readings: Isaiah 61: 10 – end
Galatians 4: 4 - 7
Luke 1: 46 - 55

Anniversaries of Death:

St Andrew: 8th Thomas James Cullup, Reginald David Henry Few,
12th Arthur Leslie (Les) Barnes

St Mary: 14th Mark Charles Band, Vera Cole, 17th Lucy Maud Barrs,
John William Goodwin, 19th Clifford Robert Thomas Flintoft,
20th Reginald Thomas (Tom) Hales

Sunday 21st August – 13th Sunday after Trinity

9.30 a.m. St Andrew's - Holy Communion
9.30 a.m. Holy Trinity - Morning Service
11.00 a.m. St Mary's - Holy Communion
6.00 p.m. St Thomas' - Holy Communion

Readings: Isaiah 58: 9b – end
Hebrews 12: 18 – end
Luke 13: 10 - 17

Anniversaries of Death:

Holy Trinity: 21st Junie Squires, Thomas Ernest Doughty,
25th Alice Butler, 26th Janet Dorothy Cook
St Andrew: 24th Phyllis Greenwood, 25th Edith May Hipwell,
John Markham Greenwood, 27th Elsie Mary Johnson
St Mary: 25th Reuben Sampson

Sunday 28th August – 14th Sunday after Trinity

9.30 a.m. St Andrew's - Morning Service
9.30 a.m. Holy Trinity - Holy Communion
11.00 a.m. St Mary's - Holy Communion
6.00 p.m. St Thomas' - Evening Service

Readings: Proverbs 25: 6 – 7
Hebrews 13: 1 – 8, 15 – 16
Luke 14: 1, 7 - 14

Anniversaries of Death:

Holy Trinity: 31st Harry Alfred Cecil Aldridge
St Andrew: 31st Janet Yardy, Graham Richard Cork,
September 3rd Theophilus Wesley Bingham
St Mary: September 1st Marjorie Rose Alice Plowright
St Thomas: 29th Bernard William Claxton

Events around the Team in August:

8th 7.30 p.m. House group at 40, Bellman's Road

22nd 7.00 p.m. Friends of St Andrew's Committee meeting at the Rectory

29th 1.00 p.m. to 4.00 p.m. St Andrew's Fete at the Hall

30th Friends of Holy Trinity Committee meeting in the church

HARVEST SUPPER. ST. ANDREWS HALL.

FRIDAY 7TH OCTOBER. 7p.m. £5per person children under 10 free
Entertainment. Two course hot meal. Raffle. Bring your own drinks

Tickets will be available for sale in September.
Do buy your tickets early to avoid disappointment.

However we will need a team of willing helpers to run this event so if you can help in any way please contact Sue Taylor
on 01733 686708 email address suebtaylor@gmail.com.

Proceeds will go to team funds.

Regular Weekday Services:

Monday: 8.00am Morning Prayer at St Mary's
Tuesday: 9.15am Holy Communion at St Andrew's
Wednesday: 9.15am Holy Communion at Holy Trinity
Thursday: 9.15am Holy Communion at St Mary's
Friday: 8.00am Morning Prayer at St Andrew's,
12 noon Midday Prayer at St Mary's

Ministry Team Contacts:

Team Rector: Revd Nigel Whitehouse,
The Rectory, 9a St Mary's Street, Whittlesey PE7 1BG.
Tel 01733 203676. Email: nigel.whitehouse@hotmail.com

Licensed Lay Ministers: Mr John Chrisp Tel 01733 844336
Mr Roger Brown Tel 01733 202884